



St. Joseph's Church
O'Connell Avenue, Limerick
Church Notices, Sunday 21st July 2024

Sixteenth Sunday in Ordinary Time

Mass Times and Intentions

Day	Time	Name
Sun. July 21 st	10.30am	Joseph Ryan; Evelyn McCormack (1 st anniversary); Sharon McKiniry (26 th anniversary); Alice, Rose, Nicola & Leah Imbusch, & Phil Tobin
	12.30pm	Mary P Andrews (1 st anniversary); Joseph Ryan (anniversary); John Power (3 rd anniversary); John Dundon & Cyril Saunders (anniversary)
	5.30pm	Intentions of clergy
Mon. July 22 nd	10.30am	Deceased members of the Walsh & Ahern families; Roger, Frances & Dermot Healy (remembrances), & Noel Healy (33 rd anniversary)
Tue. July 23 rd	10.30am	Intentions of clergy
Wed. July 24 th	10.30am	pro populo
Thur. July 25 th	10.30am	Deceased members of the Hayes & McElligott families
Fri. July 26 th	10.30am	Intentions of clergy
Sat. July 27 th	10.30am	Deceased members of the Kavanagh & Peacock families
Sun. July 28 th	10.30am	Aaron Kelly (6 th anniversary); Michael Bannon (10 th anniversary)
	12.30pm	Maureen Tracey (2 nd anniversary)
	5.30pm	Intentions of clergy

LET THE TAXMAN HELP

We ask that those who received a request to renew their income tax relief mandate would sign and return the forms at their earliest convenience. If you are a PAYE or Self-assessed taxpayer and donate €250 or more in one calendar year*, your donation can be worth up to 31% more to us. To allow us to claim the grossed up amount of tax associated with your donation we need your mandate. **Example:** A donation of €250 will be grossed up at 31% as follows: €250 X 100/69 = €362.32 so the **tax refund** will be €362.32 – €250 = **€112.32**. A donation of €500 will be worth **€224.64** and so on.

[*All donations that can be shown to have come from an individual in the course of the year, including those through the green (weekly) and yellow (monthly) envelopes, the Easter, Autumn & Christmas envelopes, and any other identifiable contributions, are taken into account.]

LOVEBOTH LIFELINES SUMMER TOUR

As part of this tour young (18 – 26 years) pro-lifers are holding a social gathering on this coming Wednesday, 24th July at 7pm in St. Saviour's Church Hall, Dominic Street. Come and meet the young pro-lifers for an evening of chat and refreshment and support their mission. Contact Trish at 087 6873964 for more information.

SEEING YOUR LIFE THROUGH THE LENS OF THE GOSPEL

The apostles reported to Jesus all that they had done and taught. Perhaps you have had the experience of being able to check in with somebody and share an experience. What have you learned from such conversations?

Jesus saw that the apostles needed to rest and eat. What has been your experience of finding a restful place after a busy day? What kind of nourishment have you found necessary in order to maintain energy and enthusiasm?

When Jesus saw the crowd, he recognised their need and reached out to them. Who has been a Jesus person for you, someone who recognised your need and reached out to you? For whom have you been a Jesus person in that way?

It sometimes can be difficult to strike a balance between responding to the needs of others and meeting our need for rest and nourishment. What has helped you to keep the balance right? <https://www.veritasbooksonline.com/21012/intercom-lens-of-the-gospel/> | John Byrne OSA

THOUGHT FOR THE DAY

Today's gospel story is for people busy with caring for others. Jesus' desire for peace and quiet was disturbed by the crowds who needed him. This is an image of many parents and people in helping professions. We need rest and time to recharge the energy and love of the heart; but at times the needs of others will take over. Prayer can unite both – the prayer of our action and the prayer of love. The place of our mind can be very crowded with the cares and concerns of life. We need time to give these over to God in prayer and then time just to be still. Stillness is of the essence of prayer. (www.sacredspace.com)

<https://www.veritasbooksonline.com/30126/intercom-thought-for-the-day/>

POPE FRANCIS ON X

Jul 20: Life is always worth living, and there is always hope for the future, even when everything seems to be over. The fact that each of us exists is a unique gift for both ourselves and for others. God never abandons us - He knows how to listen, rejoice, and weep with us.

Jul 18: Prayer is hope's main strength #YearOfPrayer

Jul 16: May #OurLadyOfMountCarmel comfort and obtain #Peace for all peoples who are oppressed by the horror of war. Please, let us not forget tormented Ukraine, Palestine, Israel, and Myanmar. Let us #PrayTogether for peace.

Jul 14: The Gospel is proclaimed together, as a community. To do so, we must be modest in the use of things, sharing resources and gifts, so that we may be free and everyone may have what they need to live with dignity and contribute to the mission. #GospelOfTheDay

DIOCESAN FACEBOOK PAGE

I have told you this so that my joy may be in you and that your joy may be complete.

(John 15:11)

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