



St. Joseph's Church
O'Connell Avenue, Limerick
Church Notices 18th February 2024

First Week of Lent

Mass Times and Intentions

Day	Time	Name
Sun. Feb. 18 th	10.30am	Patrick Kelly (anniversary)
	12.30pm	John Lyons (month's mind); Christy Lowe (28 th anniversary); Robert Richardson (2 nd anniversary); Angela Lee; Noel (William) Quirke (month's mind); Frank Lynch (anniversary); Maev O'Dwyer (anniversary)
	5.30pm	Violet Quilligan, & Michael & Denis Hegarty; The Quilligan family (living)
Mon. Feb. 19 th	10.30am	Deceased members of the McGreggor & Dobbins families
Tue. Feb. 20 th	10.30am	pro populo
Wed. Feb. 21 st	10.30am	Nora Troy (56 th anniversary)
Thur. Feb. 22 nd	10.30am	Deceased members of the Kavanagh & Peacock families
Fri. Feb. 23 rd	10.30am	Intentions of clergy
Sat. Feb. 24 th	10.30am	Peter Molloy (8 th anniversary);
Sun. Feb. 25 th	10.30am	Frank Penny (2 nd anniversary); Tommy Gaynor (birthday remembrance)
	12.30pm	Peter Quinn (1 st anniversary); Fergal Roche (2 nd anniversary); Cyril Frawley 13 th anniversary)
	5.30pm	Intentions of clergy

RECENTLY BAPTISED

We welcome into our Christian Community baby **Johnny Culligan**, son of Ann and Daniel, baby **Gael Gustavo Díaz Bujórquez**, son of Adriana and César, and **Róisín Jacqueline Griffin**, daughter of Kerrie and Damian. We pray that the Holy Family watch over and guide them and all of those whom we welcome into this Christian community

RECENTLY DECEASED

We extend our sympathy to her family and pray for the repose of the soul of **Nancy Mulcahy (née Coffey)**, South Circular Road whose Requiem Mass was celebrated here on Friday last, February 16th. May her soul and the souls of all the faithful departed through the mercy of God rest in peace. Amen

POPE FRANCIS ON X

Feb 15: Prayer, almsgiving, and fasting are not three unrelated exercises, but a single movement of openness and self-emptying. We cast out the idols that weigh us down and the attachments that imprison us. Then will our atrophied and isolated heart revive. #Lent

LENT: BEING GUIDED BY THE WORD OF GOD.

When we buy an electrical or mechanical product, it comes with a user manual. This user manual enables us to comprehend how to use the product correctly. Sometimes, we do not read the manual and end up underutilising that product or, in some cases, destroying it. A user manual guides the user on how to operate the product optimally. Understanding the user manual can be likened to understanding the Bible's Word and word of God. The Bible can be described as a user manual that should guide our every word and action. Psalm 119:105 says, "Your word is a lamp to my feet and a light to my path."

During Lent, reading the Bible holds particular importance as it offers us an opportunity for spiritual reflection, renewal, and preparation for the celebration of Easter. During Lent, engaging in daily scripture reading and meditating on passages highlighting themes of repentance, redemption, and the journey of faith is highly recommended.

Reading the Bible during Lent provides a framework for deepening our understanding of the Word and word of God and its relevance in our lives. It allows us to immerse ourselves in the narratives of our salvation history, from the Old Testament prophecies foretelling the coming of the Messiah to the New Testament accounts of the ministry of Jesus, his Passion and resurrection. Reading and reflecting on God's word in scripture invites us to uniquely encounter God's love, mercy, and grace. May we find strength, comfort, and guidance for our spiritual journey as we read and reflect on the word of God this Lenten season. Amen.

Here is a link to a Catholic online Bible: <https://www.catholic.org/bible/>
(Taken from Diocesan Facebook page: *Diocese of Limerick*)

MESSAGE FROM FAMILY CARERS IRELAND

Are you caring at home for a loved one with additional needs? Caring for a loved one can be rewarding, but it can also be difficult, frightening and isolating. It shouldn't be.

We at Family Carers Ireland want carers to know they have the support they need to care safely, to make caring less of a battle and to know they are not alone. We are the national charity supporting the 500,000+ family and young carers across the country who are caring for their loved ones with additional care needs. We believe no one should care alone.

If you would like to become a member of Family Carers Ireland, contact (057)9370221 and hear how we can support you or for more information visit www.familycarers.ie or search 'Carers Ireland' on social media.

POPE FRANCIS ON X

Feb 17: Jesus has lovingly cared for us, mercifully tended our wounds, opened our hearts to joy with His Spirit. All these are goods that we cannot keep only to ourselves or hide away. We have been showered with gifts, so we are called to make ourselves a gift for others.



POWERED BY
 Payzone

Contact Details:	Fr. Liam Enright	087-7415603
Parish Clerk & Sacristan:	Úna McCarthy	(061)313401
Office times:	Thursday to Monday	10am to 1pm
Email: stjosephsparishlk@eircom.net	Website: stjosephsparish.ie	

Simply scan with your camera phone and donate to St. Joseph's Thank You